

THE SENTINEL

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DAILY QUOTES

“Look, I’m hanging from one hand. Look, one hand! I’m a monkey!”

- (Unknown)

“I like twinkies. I want a twinkie!”

- c/Capt Mastromatteo

“My cargo pocket is now a canteen!”

- (Unknown)

“My blousing bands are retaining water.”

-c/TSgt Williams

The Confidence Course

Yesterday, the Cadets went to the Confidence Course (also known as the Obstacle Course) and had a lot of fun. From the “weaver” to the “up and over”, Cadets were offered a physical challenge and met it with both motivation and capability. Cadets managed to move quickly through the course’s circuit despite the fact that the course was designed for full grown adults. Everybody tried their best and had smiles on their faces when leaving - when they weren’t at attention, that is. Cadets from both the Leadership Reaction Course and the Confidence Course were then given chow in the field at lunch and then switched courses. Great job to all cadets!

- c/SSgt Melendez



Interview: The Deputy Cadet Commander



Name: c/1stLt Julia Massi, CAP

Q. When did you join Civil Air Patrol?

A. Aug. 1999 (8 years in Civil Air Patrol)

Q. What Squadron did you begin with?

A. Cape Cod Composite Squadron

Q. What do you remember most about your first encampment?

A. After your 6th Encampment they blend together.

Q. What is the best part about Encampment?

A. Rappelling

Q. What is your Job?

A. I sell knives.

Q. What do you do outside of Civil Air Patrol?

A. I play soccer and I am a pre-school teacher.

Q. What are your Encampment goals?

A. For everybody to learn something new to bring to their squadron.

Q. What is the best part of being on staff?

A. You know the time.

- c/SSgt Javier Melendez



The Leadership Reaction Course

Yesterday the Cadets went to the Leadership Reaction Course (LRC), a part of the MMR on base. The LRC is designed to both challenge the physical capability and ingenuity of Cadets, as well as, test their ability to work as a part of a coherent and effective team. Bringing an extra pair of sneakers ready to get soaked, Cadets traveled via van to the LRC. In preparation for the course, every cadet was provided a helmet and pair of work gloves.

Before beginning, flights split into groups of four or five, each of which tackled concrete obstacles, many of which were surrounded by about four feet of water. Every group began facing away from the task area. Then on the cue of a whistle, flight staff gave them a briefing on what the mission was. After the briefing, the groups utilized basic equipment (wooden boards, rope) to carry a crate of ammunition, or a barrel of radio gear across the water or a mined field of sand. Groups who failed to complete the objective on time, or suffered losses in equipment or personnel, during a water course, had to get shoulder deep into the water.

Despite the challenging nature of the obstacles, Cadets from Charlie, Bravo, and Foxtrot flights were able to complete a course. A group of 192nd Flight Staff, with all Cadet eyes watching, nearly completed one of the most challenging courses on the facility (only suffering from time and a fake casualty very late in the course). Before the end of the day, every Corps Cadet and nearly every staff (even a senior member!) were soaked. Regardless, all the cadets ended up having a great time and many loved the time in the water.

- c/CMSgt Ed Teague and c/CMSgt Matthew Weigang



Words from Parents:

Cadet Burcuhan: *"I love you, keep working hard, and drink water."*

Cadet Cole: *"Good luck at your first encampment."*